



**Thrialaska Head Start Birth to Five  
Health History Packet**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M F

**BIRTH HISTORY**

Was your child born early?  Yes  No If yes, how early? \_\_\_\_\_ Birth Weight: \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Did your child receive a newborn hearing screening while in the hospital?  Yes  No  Unsure

Did your child receive any follow up services?  Yes  No

**GENERAL HEALTH**

<b>Does your child have frequent:</b>	<b>N//A</b>	<b>How often</b>	<b>Most recent occurrence</b>	<b>Was it treated?</b>	<b>If yes, by what Dr. or clinic?</b>
Seizures *If needed, complete classroom care plan					
Asthma/Respiratory Problems *If yes, complete Asthma Information Form					
Allergies *If yes complete an Allergy Form					
Eczema/skin problems					
Vision problems					
Hearing problems					
Anemia (low iron)					
Chronic condition (list)					
Other health concerns					

Does your child wear glasses?  Yes  No

Does your child wear hearing aids?  Yes  No

Does your child have tubes in their ears?  Yes  No

Has your child been hospitalized? Please explain.  Yes  No

Is your child currently taking any medication?  Yes  No

If yes, reason for medication, name of medication, time taken and amount

Do you have social/ emotional/ behavioral concerns for your child?  Yes  No



**Thrivalaska Head Start Birth to Five  
MEDICAL/DENTAL COVERAGE**

Does your child have medical insurance?  Yes  No

Does it cover DENTAL EXAMS?  Yes  No

VISION EXAMS /glasses?  Yes  No

If yes, what type?

Medicaid  Denali Kids Care

Private Insurance (name of insurance company) \_\_\_\_\_

Does your child have a Medical Home?  Yes  No

Physicians/Clinic Name: \_\_\_\_\_

Date of Last Well-Child Exam: \_\_\_\_\_ Date of Next Exam (if known): \_\_\_\_\_

Does your child have a Dental Home?  Yes  No

Dentist/Clinic Name: \_\_\_\_\_

Date of Last Dental Exam: \_\_\_\_\_ Date of Next Exam (if known): \_\_\_\_\_

Is your child taking a fluoride supplement  Yes  No

Has your child received fluoride treatment or varnish during doctor  
visit or dental visit  Yes  No

Has your child had an eye exam?  Yes  No

Ophthalmologist, Optometrist or vision center Name: \_\_\_\_\_

Do you need assistance in finding a medical/dental provider?  Yes  No

Do you need information about health insurance?  Yes  No

**Insurance**

Thrivalaska carries liability insurance. If your child is injured at Thrivalaska and requires a visit to the doctor, Thrivalaska will act as the primary insurance carrier if you have no other medical insurance. Thrivalaska will act as the secondary insurance carrier if you have other medical insurance. Each program has insurance forms available.



**Thrivalaska Head Start Birth to Five**

1949 Gillam Way, Fairbanks, Alaska 99701  
Phone: (907) 452-4267 / Fax: (907) 452-4203

**AUTHORIZATION FOR EXCHANGE OF INFORMATION**

Child's Printed Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

As the parent/guardian of \_\_\_\_\_, I give permission for Thrivalaska Head Start Birth to Five staff to obtain the following confidential health records from our doctors, dentist and clinic listed above.

- Most recent physical exam
- Diagnosis of illness that required my child to visit the doctor
- Most recent dental exam with schedule of treatment if needed
- Laboratory reports and results (blood lead, hemoglobin)
- Most recent immunization record
- Eye exam results with schedule of treatment if needed
- Care Plan (medication, allergy)

I understand that I have the right to receive a copy of this confidential information. I also understand that the information in these records will be treated in a confidential manner and will not be transmitted to a third party without my written consent.

**Expiration Date:** This authorization shall expire 1 year from the date of signature, unless revoked prior to the date \_\_\_\_\_.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Staff Signature \_\_\_\_\_ Date \_\_\_\_\_

**AUTHORIZATION TO USE OR DISCLOSE  
PROTECTED HEALTH INFORMATION**

Patient Name: _____	Date of Birth: _____
Maiden Name/Other Names Known By: _____	Phone #: _____

I hereby authorize Tanana Valley Clinic to:

\_\_\_\_\_ Release Information To: \_\_\_\_\_ Obtain Information From:

Person/Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax#: \_\_\_\_\_

**Dates of Treatment Requested:** \_\_\_\_\_

**Information being requested (Check all that apply):**

<input type="checkbox"/> Entire Record (Includes all items listed)	<input type="checkbox"/> Pathology Reports	<input type="checkbox"/> Radiology Reports
<input type="checkbox"/> Office Visits/Progress Notes	<input type="checkbox"/> Laboratory Reports	<input type="checkbox"/> EKG Reports
<input type="checkbox"/> Shot records	<input type="checkbox"/> Others (please specify): _____	

**Delivery of Records:**     Mail     Pick Up    and/or     Email     NextMD     CD     Paper

Email Address for record delivery																			

(Complete ONLY if requesting records via e-mail)

I do NOT want my electronic record Encrypted       I do want my electronic record Encrypted

\*Unencrypted data sent by e-mail can be intercepted by unauthorized parties\*

**Purpose of Information:**     Self     Continued Treatment     Others (please specify): \_\_\_\_\_

I understand that information in my health record may include information relating to Sexually Transmitted Disease, Acquired Immunodeficiency Syndrome (AIDS), Human Immunodeficiency Virus (HIV) and other communicable diseases, Behavioral Health Care/ Psychiatric Care, treatment of alcohol and/or drug abuse and genetic testing; my signature authorizes the release of any such information.

I may refuse to sign this authorization form. I understand that Foundation Health Partners will not condition or deny treatment on my signing this authorization.

I understand that I may revoke this authorization at any time, except to the extent that action based on this authorization has already been taken. Foundation Health Partner's Notice of Privacy Practices explains the process for revocation, which includes a request in writing.

Unless I revoke this authorization earlier, it will expire 12 months from the date signed. I understand that, if this information is disclosed to a third party, the information may no longer be protected by state, federal regulations and may be re-disclosed by the person or organization that receives the information.

I release Foundation Health Partners, its employees and agents, medical staff members, and business associates from any legal responsibility or liability for the disclosure of the above information to the extent indicated and authorized here in.

Signature of Patient/Legal Representative: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_ ID/License #: \_\_\_\_\_

FOR OFFICE USE ONLY									
TVC MR #: _____ Request Taken By: _____					Date Completed: _____				
Date of Request: _____ Date Needed: _____					Request Completed By: _____				
Pick up	Fax	Mail	NextMD	E-mail	Pick up	Fax	Mail	NextMD	Email



**Thrivalaska Head Start Birth to Five  
Parental Consent Form – Medical**

Child's Name: \_\_\_\_\_

All health screenings will be completed by qualified specialist or Thrivalaska Head Start Staff. Health screenings will be completed on an age appropriate basis. I give permission for the following:

Vision screening	Yes	No
Hearing screening	Yes	No
Height/ Weight	Yes	No
Dental Screening if provided by the program	Yes	No
Nutritional Assessment by program dietitian	Yes	No
Blood Lead Screening	Yes	No

*Screenings marked NO- must complete a Refusal to Authorize Form. Completion of these screenings will be the responsibility of the parent. We are mandated by regulation to carefully document instances where parents or legal guardians have refused to authorize health care services for their child. Please help us document this instance by signing below.*

*Thrivalaska will provide generic or store brands of the following items. Brands may change due to availability. Ask your child's teacher for the current brand being used. Treatments marked NO- parents will need to supply item and complete a Medication Administration Form.*

All ointments, lotions or creams listed below will be provided by Thrivalaska Head Start. I give permission for the application of:

A&D ointment for chapped/dry skin	Yes	No
Insect Repellant	Yes	No
Sunscreen	Yes	No
Aquaphor Ointment for chapped lips	Yes	No
Baby Wipes (hypoallergenic, fragrance free, alcohol free)	Yes	No
Saline to rinse eyes	Yes	No
First Aid treatment for minor injuries	Yes	No

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Form received \_\_\_\_\_ (staff initials/date)  
 Updated \_\_\_\_\_ (parent initials/date)  
 Updated \_\_\_\_\_ (parent initials/date)

Entered in CP \_\_\_\_\_ (staff initials/date)  
 Entered in CP \_\_\_\_\_ (staff initials/date)  
 Entered in CP \_\_\_\_\_ (staff initials/date)



**Thrialaska Head Start Birth to Five  
Parental Consent Form – Non-Medical**

Child's Printed Name: \_\_\_\_\_

I give permission for my child to be in a **class photo** or photo of classroom and field trip activities that may be given to other program children, families, or staff. **YES NO**

I give permission to Thrialaska Head Start Birth to Five to utilize photographs of my child and family for use in publication materials including, but not limited to newsletters, brochures, flyers and displays in the program, classroom or community. **YES NO**

I give permission for my child and family's picture to be used in electronic media including, but not limited to program web site and news media. **YES NO**

I give permission for my **telephone number** to be given other program parents to inform me of events. **YES NO**

I give permission for my **address** to be given other program parents to inform me of events. **YES NO**

I give permission for my **child to attend field trips** and any other authorized activities as planned by the classroom staff. I also understand that parents/guardians will be notified of all field trips including the date, time, and destination before each trip. **YES NO**

**Child and Family Wellness Consultation Services:** **YES NO**

I give permission for my child to be observed by the Child and Family Wellness Consultant. This observation is used to assess classroom needs or the needs of my child. This will support your child's competency in all stages of development.

**The following screenings will be conducted by a qualified specialist or Staff.  
I give permission for the following:**

**Dial 4:** Screening of language, physical and concept development conducted within the first 45 days of enrollment. This screening takes about 30 minutes and is done by one of the education staff members. This screening is simply a snapshot of a child's development that may identify if there is a potential delay. If a potential delay is identified we may suggest having further evaluation scheduled. **YES NO**

**DECA (Devereux):** Social/Emotional Screening conducted within the first 45 days of enrollment. The questionnaire takes just a few moments to complete. **YES NO**  
The DECA is a questionnaire completed by the parents and the teacher that looks at 3 protective factors initiative, attachment, and self-control. These protective factors can help children cope with stress and help to have more successful lives. The results are summarized and are used to plan strategies to encourage children's social and emotional strengths in the classroom and at home.

I understand my signature grants permission for the time my child is enrolled unless otherwise updated below.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Form received \_\_\_\_\_ (staff initials/date)

Entered in CP \_\_\_\_\_ (staff initials/date)

Updated \_\_\_\_\_ (parent initials/date)

Entered in CP \_\_\_\_\_ (staff initials/date)

Updated \_\_\_\_\_ (parent initials/date)

Entered in CP \_\_\_\_\_ (staff initials/date)



**Thrivalaska Head Start Birth to Five  
Women, Infant & Children Program Information**

Child's Printed Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I give permission for Thrivalaska Head Start staff to obtain the following from the WIC Office as indicated.  
This information will be used for a Nutritional Assessment.

HGB \_\_\_\_\_  Height \_\_\_\_\_  Weight \_\_\_\_\_  
date and results (as applicable)                      date and results                      date and results

Other Dietary Related Information \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ My child is not currently enrolled or participating in the WIC program for the following reasons. \_\_\_\_\_

\_\_\_\_\_ I would like information about enrolling in a WIC Program.

My child is currently enrolled with:

\_\_\_\_\_ RCPC WIC Program 726 26<sup>th</sup> Ave  
Phone (907) 456-2990 / Fax (907) 456-2980

\_\_\_\_\_ TCC WIC 1717 West Cowles St. Fairbanks, AK 99701  
Phone (907) 451-6682 ext. 3778 /Fax (907) 455-3921

**I understand that this signature grants permission for the time my child is enrolled or otherwise updated below.**

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Form received \_\_\_\_\_ (staff initials/date)  
Updated \_\_\_\_\_ (parent initials/date)  
Updated \_\_\_\_\_ (parent initials/date)

Entered in CP \_\_\_\_\_ (staff initials/date)  
Entered in CP \_\_\_\_\_ (staff initials/date)  
Entered in CP \_\_\_\_\_ (staff initials/date)



# Thrivalaska Head Start Birth to Five Nutrition Questionnaire

Child's Name \_\_\_\_\_ DOB \_\_\_\_\_

Is your child seeing a doctor or dietitian for any health or medical problems?  Yes  No

Describe \_\_\_\_\_

Is your child on a special diet?  Yes  No

Describe \_\_\_\_\_

Does your child have trouble eating any foods?  Yes  No

List \_\_\_\_\_

Does your child have any food allergies confirmed by a physician?  Yes  No

List \_\_\_\_\_

Does your child have a medical reason to not drink milk or eat dairy products?  Yes  No

Does your child drink  Soy Milk  Lactose Free Milk  Other \_\_\_\_\_

Are there any foods your child may not eat for personal, cultural, or religious reasons?  Yes  No  
(If yes, complete a Special Meals Accommodation Form)

Do you have any concerns about your child's eating habits? (*check all that apply*)

No problems  constipation  diarrhea  vomiting  chewing/swallowing  choking/gagging

Meal time behavior  picky eater Other concerns: \_\_\_\_\_

Do you run out of money or Food Stamps to buy food?  Yes  No  Sometimes

If you have a current question or concern about your child and their nutrition, would you like the Head Start Nutritionist to give you a call?  Yes  No

\*\*If you would like to speak to the Head Start Nutritionist at any time in the future, please contact your teacher or family advocate.

Person Completing Form \_\_\_\_\_

Form received \_\_\_\_\_ (staff initials/date)  
Updated \_\_\_\_\_ (parent initials/date)  
Updated \_\_\_\_\_ (parent initials/date)

Entered in CP \_\_\_\_\_ (staff initials/date)  
Entered in CP \_\_\_\_\_ (staff initials/date)  
Entered in CP \_\_\_\_\_ (staff initials/date)



**STATE OF ALASKA DIVISION OF PUBLIC HEALTH  
SECTION OF PUBLIC HEALTH NURSING  
TB Risk Assessment Questionnaire**

If the answer to **any** question is “YES” a Tuberculin Skin Test (PPD) should be placed.  
Verbal Screenings **must** be done on all EPSDT exams at 6, 12 & 24 months & 3, 4, 5 years.

Child’s Name \_\_\_\_\_ DOB \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Has the child been in contact with anyone who has active TB disease?	YES NO	YES NO	YES NO
Has the child had any international travel? (Other than W. Europe/Australia/NZ/Canada)	YES NO	YES NO	YES NO
Was child born in a foreign country? (Any countries other than U.S., Canada, Australia, New Zealand, or Western/Northern Europe)	YES NO	YES NO	YES NO
In Alaska TB is most common in the Yukon Kuskokwim or Norton Sound Region. Has the child traveled or lived in the Yukon Kuskokwim or Norton Sound Region of Alaska?	YES NO	YES NO	YES NO
Does the child have HIV/AIDS or Immune System disorders?	YES NO	YES NO	YES NO
	Date/Parent Initial	Date/Parent Initial	Date/Parent Initial

**Circle Appropriate Finding:**

**Complete**  
*Negative Risk Assessment*

**Needs PPD Test**  
*Positive Risk Assessment*

Form received \_\_\_\_\_ (staff initials/date)  
Updated \_\_\_\_\_ (parent initials/date)  
Updated \_\_\_\_\_ (parent initials/date)

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